



Rooted in the belief that food is medicine, CHEF is a Culinary Health Education program that teaches children and families common sense nutrition and practical cooking skills. Through engaging, hands-on experiences, CHEF educates and inspires individuals to adopt and sustain healthy eating habits.

REFER A PATIENT

- Please fax the completed form to 210-704-2375, Attention: CHEF
- Please **DO NOT** send medical records. If medical records are needed, we will request them.

PATIENT INFORMATION (PLEASE PRINT)

Patient Name:		Birth Date:	SS#:
Home Phone:		Work/Mobile Phone:	Gender: <input type="checkbox"/> Male <input type="checkbox"/> Female
Address:			
City:		State:	ZIP Code:
Preferred Language:		Hearing or Visually Impaired: <input type="checkbox"/> Hearing <input type="checkbox"/> Visually	
Ethnicity: <input type="checkbox"/> Hispanic <input type="checkbox"/> Not Hispanic <input type="checkbox"/> Other		Race: <input type="checkbox"/> American Indian/Alaska Native <input type="checkbox"/> Asian <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Multiracial/Multicultural <input type="checkbox"/> Declined	
Name of Guardian:		Relationship to Patient:	Phone Number: E-Mail:
Please answer the following questions:			
Does the patient have special dietary restrictions or requirements?			
Does the patient have limitations with motor skills?			
Does the patient have any cultural or religious needs?			
Are there any financial barriers to consider?			
Does the patient have any cognitive learning impediments?			

REFERRING PHYSICIAN INFORMATION

Referring Physician's Name (Last, First):	Contact Name:
Office Address:	E-mail Address:
City:	State:
Phone Number:	Fax Number:

CLASS REQUEST

Requested Class Type: <input type="checkbox"/> Obesity <input type="checkbox"/> Type 2 Diabetes <input type="checkbox"/> Other
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QUESTIONS? Contact CHEF at 210-704-3391. You will receive confirmation once the appointment is scheduled. Thank you for referring to CHEF.