SUPER BERRY BOWL

INGREDIENTS
• 2 cups low-fat plain Greek yogurt
• 1 Tablespoon honey
• ½ teaspoon vanilla extract
• 2 cups fresh berries such as strawberries, blueberries, blackberries, raspberries, or a combination
• ⅓ cup dark chocolate shavings
• Ground cinnamon, to taste
• Optional: ¼ cup shelled pistachios