The mission of the Mayor’s Fitness Council Student Ambassador Program is to involve youth in improving the health of San Antonio. Student Ambassadors represent the Mayor’s Fitness Council by promoting and encouraging healthy living at their campus and in their communities. Each Student Ambassador implements a health-related service project in their school or community.

As a CHEF MFC Student Ambassador, you will:

- Assist in teaching the CHEF classes to students in your school
- Serve as a student role model for healthy behaviors
- Develop leadership, teamwork, and communication skills as you promote healthy lifestyles to teachers, students, and families
- Participate in 2-3 (virtual) workshops throughout the year
- Enjoy a complimentary YMCA family membership to enjoy at your nearest YMCA of Greater San Antonio location compliments of the YMCA
- Have a BLAST at our End of Year Celebration!

The Mayor’s Fitness Council is looking for role models, leaders, idea creators, and change makers to empower their schools, friends, and families to lead healthier lives. For the CHEF elementary schools, we welcome 5th grade students to apply. Each school can have up to 3 students ambassadors.

If you have interested students, please have their parent/guardian fill out the following form: https://partner.chefsa.org/chef-mfc-form/

If you have any questions about the MFC Student Ambassador program, please reach out to Tori Parsons at tparsons@chefsa.org or 214-334-9895.