Basil Green Goddess Dressing

8 Servings • 1 Serving = 2 Tablespoons

INGREDIENTS

• 1 cup nonfat plain Greek yogurt
• 2 Tablespoons lemon juice
• 2 Tablespoons water
• 1 small clove garlic, mashed
• 2 Tablespoons basil
• 1 Tablespoon chives
• 1 Tablespoon parsley
• ½ teaspoon freshly ground black pepper
• ½ teaspoon salt

DIRECTIONS

1. Combine all ingredients in a blender or food processor. Blend until smooth.
2. Chill for half an hour before serving.